

# DISCOVERING YOUR ARTIST'S MUSE "PAINTING FROM THE INSIDE OUT" WITH LYNDA BURRUSS

## OBJECTIVE

-to stretch your creativity by getting out of your comfort zone, by exploring fun and different approaches to painting the same subject in different ways, utilizing the elements of design. Come with a happy heart, tap into your creativity, and give yourself the freedom to play in this judgement-free zone!

Please bring your normal painting supplies.

## SUPPLIES

2 FULL SHEETS OF 140 LB. WATERCOLOR PAPER, (UNCUT AND UNTORN) (If you choose to paint with acrylics, you will need 300 lb. paper. You may even want to gesso it ahead of time.) We will be cutting or tearing our paper to specific sizes at the workshop.

## Watercolor Paints

### REQUESTED-

AUEROLIN YELLOW  
ROSE Madder GENUINE  
COBALT BLUE

### SUGGESTED-

HANSA YELLOW  
FRENCH ULTRAMARINE BLUE  
ALIZARIN CRIMSON

### OPTIONAL FAVORITES-

PYROL ORANGE  
THIOINDIGO VIOLET  
QUINACRIDONE GOLD  
PTHALO TURQUOISE

## **ALSO BRING**

**– 2-3 REFERENCE PHOTOS OF EACH,**

- 1. STILL LIFE**
- 2. LANDSCAPE**
- 3. PORTRAIT**

### **Miscellaneous supplies-**

- **an old bath towel**
- **your sketchbook**
- **pencils for drawing**
- **kneaded eraser**
- **spray bottle**
- **paint palette**
- **paint brushes**
- **Blue tape or artists tape**

Please feel free to call me with any questions and I will be happy to make up an answer! 435-512-9454 or email [lyndaburruss-art@comcast.net](mailto:lyndaburruss-art@comcast.net)